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# CARE PLOFTAR

# **Biological Perspectives**

### The Myofibroblast

### One Function, Multiple Origins

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The crucial role played by the myofibroblast in wound healing and pathological organ remodeling is well established; the general mechanisms of extracellular matrix synthesis and of tension production by this cell have been amply clarified. This review discusses the pattern of myofibroblast accumulation and fibrosis evolution during lung and liver fibrosis as well as during atheromatous plaque formation. Special attention is paid to the specific features characterizing each of these processes, including the spectrum of different myofibroblast precursors and the distinct pathways involved in the formation of differentiated myofibroblasts in each lesion. Thus, whereas in lung fibrosis it seems that most myofibroblasts derive from resident fibroblasts, hepatic stellate cells are the main contributor for liver fibrosis and media smooth muscle cells are the main contributor for the atheromatous plaque. A better knowledge of the molecular mechanisms conducing to the appearance of differentiated myofibroblasts in each pathological situation will be useful for the understanding of fibrosis development in different organs and for the planning of strategies aiming at their prevention and therapy. (Am J Pathol 2007, 170:1807-1816; DOI: 10.2353/ajpath.2007.070112)

After tissue injury, fibroblasts differentiate into contractile and secretory myofibroblasts that contribute to tissue

repair during wound healing, but that can severely impair organ function when contraction and extracellular matrix (ECM) protein secretion become excessive, such as in hypertrophic scars, scleroderma, and Dupuytren's disease as well as in heart and kidney fibrosis.<sup>1–3</sup> Moreover, myofibroblasts present in the so-called stroma reaction of epithelial tumors may promote the progression of cancer invasion.<sup>4</sup> Here, we discuss the role of myofibroblasts in causing pathological deformation of two vital organs, liver<sup>3</sup> and lung,<sup>5</sup> and in contributing to the formation of the atheromatous plaque and restenotic lesions.<sup>6,7</sup> Myofibroblast differentiation is a complex phenomenon that follows distinct patterns in different organs. To counteract therapeutically organ dysfunction caused by myofibroblasts, it is crucial to understand the general molecular pathways regulating their evolution and function to distinguish the mechanisms common to all situations from those specific to a given organ and/or disease.

#### General Mechanisms of Myofibroblast Differentiation and Biological Action

As we shall discuss below, myofibroblasts may have very heterogeneous origins; however, their development follows a well-established sequence of events. In normal conditions, fibroblastic cells exhibit few or no actin-associated cell-cell and cell-matrix contacts and little ECM production.<sup>8</sup> After tissue injury, they become activated to migrate into the damaged tissue and to synthesize ECM

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**Figure 1.** ECM compliance controls development of the myofibroblast phenotype in three-dimensional collagen gels. Differentiated rat lung myofibroblasts were grown in mechanically restrained collagen gels produced very soft with a concentration of 0.5 mg/ml (**A**, **B**) and comparably stiff with 3.5 mg/ml (**C**, **D**). Cells were immunostained after 36 hours for  $\alpha$ -SMA (**A**, **C**: red; **B**, **D**: blue),  $\beta$ -cytoplasmic actin (**A**, **C**: green; **B**, **D**: red), focal adhesion protein vinculin (**B**, **D**: green), and nuclei (**A**, **C**: blue) and observed by confocal microscopy. Note that cells in soft gels attain a dendritic morphology with cortical actin distribution and point-like small adhesion sites;  $\alpha$ -SMA is not organized in stress fibers (**A**, **inset**). In stiff collagen, myofibroblasts develop  $\alpha$ -SMA-positive stress fibers (**C**, **inset**).

components<sup>1</sup> by cytokines locally released from inflammatory and resident cells9 or from malignant epithelial cells.<sup>4</sup> Another important stimulus for this phenotypic transition is the change of the mechanical microenvironment; whereas fibroblasts in intact tissue are generally stress-shielded by the crosslinked ECM, this protective structure is lost in the continuously remodeled ECM of injured tissue.<sup>8</sup> In response to mechanical challenge, fibroblasts acquire contractile stress fibers that are first composed of cytoplasmic actins,8 hallmarking the "protomyofibroblast." Stress fibers are connected to fibrous ECM proteins at sites of integrin-containing cell-matrix junctions<sup>10</sup> and between cells via *de novo* established N-cadherin-type adherens junctions.<sup>11</sup> These features closely resemble those of cultured fibroblasts that have been mechanically activated by the rigid plastic substrate, whereas stress fibers do not form on very soft culture substrate hydrogels or in compliant collagen gels (Figure 1).<sup>10</sup>

In culture, the protomyofibroblast is a stable phenotype, representing an intermediate step in most *in vivo* conditions where it proceeds toward the "differentiated myofibroblast" that is characterized by *de novo* expression of  $\alpha$ -smooth muscle actin ( $\alpha$ -SMA), its most commonly used molecular marker. Expression of  $\alpha$ -SMA in stress fibers confers to the differentiated myofibroblast at least a twofold stronger contractile activity compared with  $\alpha$ -SMA-negative fibroblasts in culture.<sup>12</sup> It is still unclear how  $\alpha$ -SMA generates higher contraction compared with other actin isoforms, but the  $\alpha$ -SMA-specific N-terminal amino acid sequence AcEEED plays an important role in this mechanism. Cytoplasmic delivery of this sequence as a peptide selectively removes  $\alpha$ -SMA from persisting  $\beta$ -cytoplasmic actin stress fibers and reduces *in vivo* and *in vitro* myofibroblast contraction.<sup>13</sup>

At least three local events are needed to generate  $\alpha$ -SMA-positive differentiated myofibroblasts: 1) accumulation of biologically active transforming growth factor (TGF)  $\beta$ 1, 2) the presence of specialized ECM proteins like the ED-A splice variant of fibronectin, and 3) high extracellular stress, arising from the mechanical properties of the ECM and cell remodeling activity.<sup>8</sup> Mechanoperception is mediated by specialized cell-matrix junctions, called "fibronexus" *in vivo* and "supermature focal adhesions" (FAs) *in vitro*.<sup>10</sup> Analogously, small N-cadherin-type cell-cell adhesions develop into larger OB-cadherin (cadherin-11)-type junctions during generation of the differentiated myofibroblast *in vitro* and *in vivo*.<sup>11</sup>

It has become increasingly accepted that ECM rigidity determines the size of the cell's anchors, which in turn limits the level of tension generated within stress fibers.<sup>10</sup> Only when substrate stiffness permits formation of supermature FAs (8 to 30  $\mu$ m long), and thus generation of approximately fourfold greater stress compared with the usual FAs (2 to 6  $\mu$ m long), does  $\alpha$ -SMA become incorporated into pre-existing  $\beta$ -cytoplasmic actin stress fibers; hence,  $\alpha$ -SMA can be considered a mechanosensitive protein<sup>14,15</sup> (Figure 1). The myofibroblast cytoskeleton may function as a mechanotransducer translating to biochemical signals involving tyrosine phosphatase and kinase pathways.<sup>16</sup> Mechanical force-induced p38 phosphorylation seems to be dependent on an  $\alpha$ -SMA stress fiber-dependent pathway that uses a feed-forward amplification loop to synergize force-induced *α*-SMA expression with p38 activation.<sup>15</sup> Cell adhesion signaling via focal adhesion kinase may represent another central pathway through which biochemical and biophysical ECM signals as well as soluble growth factor signals are integrated.<sup>14,17</sup> The main myofibroblast inducer TGF $\beta$ 1 up-regulates expression of fibronectin and its integrin receptors in lung fibroblasts; this is closely linked to the activation/phosphorylation of focal adhesion kinase essential for the induction of myofibroblast differentiation.<sup>17</sup> At the end of tissue repair, the reconstructed ECM again takes over the mechanical load and myofibroblasts disappear by massive apoptosis<sup>8</sup>; stress release is a powerful promoter of myofibroblast apoptosis in vivo.18 Thus, interrupting the mechanical feedback loop of myofibroblast contraction and gradually increasing ECM tension at the level of stress perception (ie, cell-ECM contacts) is one promising strategy to prevent tissue contracture.

An alternative strategy to decrease tissue contracture consists in preventing myofibroblast formation in the first place, requiring knowledge of the myofibroblast origin. Depending on the type of tissue to be remodeled, myofibroblast precursor cells are recruited from different sources; among these, locally residing fibroblasts seem to be the most common.<sup>1</sup> Other mesenchymal cells that are discussed to serve as myofibroblast progenitors are pericytes and smooth muscle cells (SMCs) from the vasculature; they seem to play an important role during vessel repair<sup>7</sup> and have been suggested to contribute to fibrosis in scleroderma.<sup>19</sup> In addition, bone marrow (BM)derived circulating cells known as fibrocytes<sup>20</sup> have been suggested to represent an alternative source for myofibroblasts during skin wound healing and in liver, lung, and kidney fibrosis, as well as in the stroma reaction to epithelial tumors.<sup>21-24</sup> Other studies do not support this view as further discussed below.<sup>25,26</sup> Finally, myofibroblasts have been shown to derive from epithelial-mesenchymal transition (EMT).<sup>27-29</sup> Thus, damaged organs seem to recruit myofibroblast precursors from several sources to satisfy the temporarily high demand of cells with tissue remodeling activity (Figure 2).

#### Origin and Role of the Myofibroblast in Pulmonary Fibrosis

The presence of stable protomyofibroblasts in normal alveolar septa is well established. The repair process in response to lung injury is characterized by neoformation of differentiated myofibroblasts. In view of its many characteristics that encompass the notable features of fibrosis, such as the elaboration of ECM and expression/ activation of TGF $\beta$ 1,<sup>30,31</sup> the persistence of the myofibroblast is thought to be of significance in the propagation of fibrosis with evolution to terminal end-stage fibrotic lung disease. Early studies of the origin of the myofibroblast in lung injury and fibrosis suggest several possibilities based on observations of its cytoskeletal phenotype, tissue localization, and in vitro studies. Based on evidence that myofibroblasts arise de novo and on the kinetics of the induction of  $\alpha$ -SMA expression, the perivascular and peribronchiolar adventitial fibroblasts are suggested as precursors.<sup>30</sup> However, circulating fibrocytes (expressing CD45, CD34, collagen I, and CXCR4) have been reported to migrate to sites of tissue injury and differentiate into myofibroblasts.<sup>20,32</sup> Furthermore, other studies using BM chimeric mice, in which the donated BM cells express a marker protein for tracking purposes, as well as human transplant studies, demonstrate that BM-derived progenitors can give rise to lung fibroblasts.<sup>25,33</sup> However, the ability of BM-derived fibroblasts to differentiate to myofibroblasts cannot be demonstrated in some studies.<sup>25,26</sup> Moreover, another study using  $\alpha$ -SMA promoter-driven green fluorescent protein BM chimeric mice indicates that the BM is not a source of progenitor cells for  $\alpha$ -SMA-expressing cells.<sup>34</sup> Thus, the evidence for BM derivation of myofibroblasts in lung fibrosis is controversial, suggesting potentially multiple origins, including intrapulmonary precursors. Additional possibilities for intrapulmonary precursors are suggested by evidence of both endothelial to mesenchymal transition and EMT. Endothelial cells as a source of  $\alpha$ -SMAexpressing mesenchymal cells have been shown in the development of the vasculature and when they are stimulated with TGF $\beta$ 1 *in vitro*.<sup>35</sup> Derivation from epithelial cells via EMT has been suggested recently by both *in vitro* and *in vivo* studies,<sup>28,36</sup> but this could not be demonstrated in another study.<sup>37</sup> The relative contribution by these different potential sources of myofibroblasts requires further study.

The mechanism underlying the genesis of the myofibroblast is complex: here, the focus is on downstream effects of myofibroblast-modulating factors on  $\alpha$ -SMA transcription, which is particularly well studied in lung fibroblasts. With respect to the Smad signaling pathway, the presence of a Smad3-binding element is essential for myofibroblast differentiation.<sup>38,39</sup> However, regulation of the  $\alpha\text{-}\mathsf{SMA}$  gene is more complex and in many respects different from that in SMCs.<sup>16,38,39</sup> Additional transcription factors, including C/EBP<sub>β</sub> (CCAAT/enhancer-binding protein  $\beta$ ), GKLF (gut-enriched Krüppel-like factor), Sp1/ Sp3, c-myb, and the downstream effector component of Notch signaling, have been implicated to regulate this gene in a complex and interactive manner.<sup>39-43</sup> In addition to inducers, suppressors such as the liver-enriched inhibitory protein isoform of C/EBPB may serve to keep the precursor fibroblast in an undifferentiated state under normal homeostasis. Epigenetic regulation is implicated by evidence that inhibitors of DNA methylation or histone deacetylation suppress myofibroblast differentiation in the liver.44 Because differentiation is usually accompanied by activation of gene expression, this implies that myofibroblast differentiation is actively suppressed in the quiescent precursor cell by products of certain genes whose expression is suppressed by DNA methylation and deacetylated (or poorly acetylated) histones. Further elucidation is required to understand fully the mechanisms involved in the *de novo* genesis of the myofibroblast in pulmonary fibrosis.

The role of the myofibroblast in pulmonary fibrosis can be extrapolated from its known functional activities in vivo and in vitro. Early observations focus on the expression of  $\alpha$ -SMA in prominent stress fibers, suggesting a role in tissue contractility or compliance. The significance of this  $\alpha$ -SMA expression, however, seems to extend beyond these mechanical properties, with evidence pointing to important roles in modulating signal transduction and regulation of gene expression, including ECM components.<sup>13,15,45,46</sup> Indeed, the myofibroblast is found in abundance in areas of high ECM expression and represents the predominant source of heightened ECM and cytokine gene expression.<sup>30</sup> It is a factor in alveolar epithelial apoptosis, denudation, and retardation of epithelial regeneration.<sup>47</sup> Thus, in addition to its potential contribution to reduction in lung tissue compliance, the myofibroblast is likely to play significant roles in promoting ECM deposition, release of inflammatory mediators, and epithelial injury, all of which are considered to be key factors in perpetuating the cycle of injury and fibrosis.

The fate of recruited/activated myofibroblasts in injured tissues may ultimately determine whether normal healing occurs or progression to end-stage fibrosis ensues. Resolution with myofibroblast apoptosis would terminate progression; however, this would be countered by

#### **MYOFIBROBLAST PROGENITORS**



**Figure 2.** One cell, multiple origins. Differentiated myofibroblasts are characterized by increased production of ECM proteins and by the development of  $\alpha$ -SMA-positive stress fibers that are connected with the ECM at sites of supermature FAs and between cells via adherens junctions. The main myofibroblast progenitor after injury of different tissues seems to be the locally residing fibroblast, which transiently differentiates into a protomyofibroblast, characterized by  $\alpha$ -SMA-negative stress fibers. In the liver, myofibroblasts are additionally recruited from HSCs that follow an activation process and from epithelial cells that undergo EMT. In the lung, endothelial-to-mesenchymal transition may provide another mechanism to generate myofibroblasts. During atheromatous plaque formation, de-differentiating SMCs (ie, that lose late SMC markers) from the media are suggested to be the major source of myofibroblast cells. The relative contribution of BM-derived circulating fibrocytes to the formation of differentiated myofibroblasts in differentiation is unclear at present; it is conceivable that fibrocyte transdifferentiation terminates at the protomyofibroblast stage.

persistence of TGF $\beta$ 1 expression and ECM deposition, which promote the prosurvival/anti-apoptotic phenotype.48,49 TGFB1 can induce p38 mitogen-activated protein kinase pathway activation with subsequent activation of the prosurvival phosphatidylinositol 3-kinase-AKT pathway.<sup>49</sup> Interestingly, deficiency in PTEN, a phosphatidylinositol 3-kinase-AKT pathway inhibitor, is associated with increased myofibroblast differentiation.50 Thus, in addition to promoting myofibroblast differentiation, combinatorial activation of the adhesion-dependent focal adhesion kinase pathway and the soluble growth factormediated AKT pathway confers anoikis/apoptosis resistance to TGF<sub>B</sub>1-differentiated myofibroblasts.<sup>51</sup> Finally, selective susceptibility of myofibroblasts to nitric oxide-induced apoptosis has been reported in vitro.48 Thus the additive effects of reduced growth factor expression, increased ECM turnover, and nitric oxide generation may set the stage for triggering of myofibroblast apoptosis during the resolution of tissue repair and remodeling. However, mesenchymal cells isolated from the lungs of patients with persistent acute respiratory distress syndrome acquire stable alterations in prosurvival signaling and resistance to apoptosis.52 The importance of such a phenotype to fibrosis is suggested by evidence that pharmacological intervention to inhibit prosurvival focal adhesion kinase and Akt signaling pathways reduces myofibroblast presence and confers protection from fibrosis following lung injury in mice.53 Future studies into the physiological trigger(s) for myofibroblast apoptosis and mechanisms for the stable/durable acquisition of apoptosis resistance under pathological contexts will probably lead to identification of novel, more effective therapies for chronic fibrotic diseases.

# Origin and Role of the Myofibroblast in Liver Fibrosis

Fibrosis is the wound healing response of the liver to toxic, infectious, or metabolic agents that is characterized by disruption of the hepatic architecture, associated with increased expression of collagen, proteoglycans, and glycoproteins.<sup>54</sup> *De novo* formation of differentiated myofibroblasts is thought to be primarily responsible for this excessive ECM production; hence, delineating the mechanisms of myofibroblast activation seems indispensable for designing rational therapeutic strategies to inhibit the fibrogenic process leading to cirrhosis.<sup>3</sup> Over the last 3 decades, several distinct myofibroblast precursor cells and subpopulations have been described in the fibrotic liver that all share similar ultrastructural and molecular characteristics but may exhibit specific aspects according to the respective pattern of fibrosis.<sup>55</sup>

The most accepted myofibroblast progenitors in the liver are hepatic stellate cells (HSCs) located along each sinusoid, between the centrolobular vein and the portal tract.<sup>55,56</sup> In normal liver, HSCs represent the major reservoir of vitamin A in the human body; during liver injury, HSCs become activated and differentiate into myofibroblasts in response to a variety factors. Reactive oxygen species are probably the principal initiators of this trans-

differentiation process by activating proinflammatory and profibrogenic factors<sup>57</sup> that promote HSC activation such as monocyte chemoattractant protein-1, insulin-like growth factor, fibroblast growth factor, epidermal growth factor, interleukin-6, and leptin.58,59 Concomitantly, HSCs up-regulate the expression of key inflammatory receptors, including intercellular adhesion molecule-1 and chemokine receptors, as well as receptors mediating lipopolysaccharide signaling such as Toll-like receptor 4.60 TGF<sub>B1</sub>, produced by Kupffer cells, endothelial cells, hepatocytes, bile duct epithelial cells, and by HSCs in an autocrine manner, is the most potent profibrogenic cytokine-activating HSCs.<sup>61</sup> In addition, alteration of the mechanical properties of the ECM during progression of liver injury plays a crucial role in the acquisition and maintenance of the myofibroblastic phenotype.62

The control of gene expression is a major aspect of HSC activation; similar to adipocytes, guiescent HSCs express high levels of the nuclear receptor peroxisome proliferator-activated receptor  $\gamma$ , which is lost, however, during myofibroblast differentiation.<sup>63</sup> Inducing peroxisome proliferator-activated receptor  $\gamma$  transcriptional control inhibits HSC activation, suggesting that peroxisome proliferator-activated receptor  $\gamma$  repression is a key step in the acquisition of the myofibroblast phenotype.<sup>64</sup> Likewise, the LIM homeodomain protein Lhx2 seems to repress HSC activation because HSCs in normal liver of Lhx2<sup>-/-</sup> mice constitutively develop the myofibroblastic phenotype.<sup>65</sup> On the contrary, the Krüppel-like factor-6 is induced as an immediate-early gene during HSC activation and is involved in the transcriptional control of target genes such as TGF $\beta$ 1, its receptors, and contractile cytoskeletal proteins.66

It has been postulated that the exaggerated contraction of activated HSCs increases intrahepatic resistance after injury and contributes to portal hypertension. In normal liver, HSCs reside in the space of Disse in close contact with sinusoidal endothelial cells and hepatocytes. The anatomical features of HSCs are remarkably similar to those of pericytes, which regulate capillary blood flow via pericapillary constriction.<sup>67</sup> Interestingly, *ex vivo* liver perfusion induces HSC activation, expression of  $\alpha$ -SMA, and significant changes in the perisinusoidal ECM, confirming the role of these cells in the regulation of sinusoidal blood pressure.<sup>68</sup> Thus, regulation of HSCs contractility represents an important potential target of therapeutic intervention for portal hypertension.

In addition to HSCs, other resident cells have recently been described as sources of liver myofibroblasts using different animal models of liver fibrosis: 1) bile duct ligation, 2)  $CCl_4$  intoxication, 3) excessive alcohol administration, and 4) viral infection.<sup>55</sup> After bile duct ligation, myofibroblasts derive from portal fibroblasts that reside in the connective tissue around vessels and biliary structures.<sup>69</sup> In chronic viral hepatitis, fibrotic extensions begin at the branching point of the preterminal portal tract bridging the neighboring portal area; they are the consequence of ECM deposition by  $\alpha$ -SMA-positive myofibroblasts derived from portal fibroblasts and by another set of fibrogenic cells present at the interface between portal tract and the parenchyma.<sup>70</sup> A third myofibroblast sub-

population seems to originate from second-layer fibroblasts located around the centrolobular vein. Secondlayer fibroblasts have been suggested to differentiate into ECM-producing myofibroblasts in the liver of alcohol-fed baboons, causing typical alcoholic-type fibrosis.<sup>71</sup> Indeed, both alcoholic and nonalcoholic steatohepatitisactivated HSCs and second-layer fibroblasts contribute to the early fibrotic changes that are concentrated in the centrolobular vein area around sinusoids and hepatocytes with a typical chicken-wire pattern.<sup>70</sup>

HSCs and portal fibroblasts similarly express intercellular adhesion molecule, vascular cell adhesion molecule, desmin, vimentin, collagen type IV, and fibronectin.<sup>70</sup> Expression of fibulin-2 and interluekin-6 was found only in cultured portal fibroblast, whereas CD95L, α2macroglobulin, P100, and reelin are restricted to HSCs.<sup>69</sup> Interestingly, cellular retinol binding protein-1 (CRBP-1) is expressed in HSC and up-regulated during activation. In contrast, CRBP-1 is absent in portal fibroblasts, but in culture these cells may develop both CRBP-1 and α-SMA.<sup>72</sup> Fibulin-2-positive cells can contaminate HSC cultures and transdifferentiate into myofibroblasts in vitro.73 These vitamin A-negative myofibroblasts differ from HSC 1) in their mechanism of undergoing CD95mediated apoptosis, 2) in their response to tumor necrosis factor- $\alpha$  and insulin-like growth factor-1, and 3) in the absence of the HSC markers desmin, P100, and  $\alpha$ 2microglobulin.74,75 cDNA microarray analysis identified six novel representative genes in vitamin A-negative myofibroblasts that seem to be scattered around fibrotic septa and in parenchyma: Avpr1a, Sfrp4, gremlin, osteopontin,  $Col\alpha 3(V)$ , and lumican.<sup>75</sup>

After CCl<sub>4</sub> injury, approximately 33% of liver myofibroblasts express markers typically found in BM-derived cells such as intercellular adhesion molecule, CCR5, and CD40, suggesting a fibrocyte origin.<sup>76</sup> In humans transplanted with sex-mismatched organs or receiving a BM transplant, BM-derived myofibroblasts were described in the fibrotic reaction of the liver.<sup>22</sup> Kisseleva and coworkers,<sup>26</sup> using chimeric mice transplanted with BM from collagen  $\alpha 1(I)$ -green fluorescent protein reporter mice, reported that in response to bile-duct induced liver injury,  $\alpha$ -SMA-positive-differentiated myofibroblasts do not originate from circulating fibrocytes, despite the localization of these cells at the site of injury and their participation to the fibrotic process. EMT is another important source of liver myofibroblasts as demonstrated in bile duct ligationinduced fibrosis.<sup>29,77</sup> Myofibroblasts have been suggested to derive from bile duct epithelium, which coexpresses epithelial cytokeratin-19 and  $\alpha$ -SMA and also produces type I collagen. Furthermore, bile duct EMT leading to myofibroblast formation is induced in vitro with TGF $\beta$ 1, indicating that EMT represents a potential avenue to generate myofibroblasts in response to fibrogenic stimuli.<sup>29</sup>

Besides their role in the fibrogenic process and in regulation of blood flow, liver myofibroblasts are also involved in stromal response to hepatic tumors.<sup>4</sup> Recently, it has been shown that liver myofibroblasts secrete ADAM-9S, a family member of transmembrane proteins with disintegrin and metalloprotease domains that

therefore have both cell-adhesive and protease activities. These invasion-promoting activities suggest that ADAM-9S seems to represent an important mediator of tumor-stroma interaction and a determinant of cancer cell ability to invade and colonize the liver.<sup>78</sup>

# Origin and Role of the Myofibroblast in Atheromatous Plaque Evolution

SMCs originating from the media contribute importantly to atheroma plaque formation; during this process, SMCs dedifferentiate, and the question of their potential myofibroblastic nature has been raised.<sup>7</sup> Presently, the most accepted sequence of events leading to atherosclerotic plaque formation implies the establishment of a chronic inflammation process within the arterial intima; this is stimulated by several factors among which oxidized low density lipoproteins are the most important.<sup>79</sup> In addition to inflammatory cells such as macrophages and lymphocytes, the main constituent of the plaque fibrotic tissue is the SMC that contributes most ECM components, eg, collagen types I and III.<sup>80</sup> As in all chronic inflammatory situations, the fibrotic component predominates within the plaque. Here, fibrosis can cause thrombotic complications following endothelial loss because of excessive production of cytokines and of proteolytic enzymes by resident cells.<sup>81</sup> However, fibrosis has also been shown to represent an efficient protective barrier against complications when it forms the so-called fibrous cup over the necrotic core.<sup>80</sup> Altogether these features of the plaque resemble those of a chronic fibrotic lesion, where excessive tissue remodeling is one of the main characteristics.<sup>1</sup>

A variety of cell types are discussed to contribute to the remodeling of injured arteries and to plaque formation, including local sources like SMCs from the media and adventitial fibroblasts<sup>6,82</sup> as well as circulating BMderived cells.<sup>83</sup> SMCs and pericytes have been suggested as myofibroblast precursors during the stroma reaction accompanying epithelial malignancies.<sup>4</sup> Only recently has this possibility been systematically investigated during the evolution of human coronary atherosclerotic plaque and restenotic lesion using markers of early and late SMC differentiation.7 It is well accepted that myofibroblasts share with SMCs the expression of  $\alpha$ -SMA, which is considered a early differentiation marker of vascular SMCs.<sup>84</sup> Unlike SMCs, however, myofibroblasts express relatively low amounts of smooth muscle myosin heavy chain and do not express smoothelin, a late marker of SMC differentiation.<sup>85</sup> During all stages of coronary lesions, including mildly stenotic plaques. highly stenotic stable plaques and erosions, and restenotic lesions, fusiform cells within the intima are positive for  $\alpha$ -SMA, express very low amounts of smooth muscle myosin heavy chain, and do not express smoothelin.<sup>7</sup> In contrast, SMCs of the media beneath the plaque, albeit hypotrophic, maintain significant expression of all three above-mentioned SMC markers<sup>7</sup> (Figure 3). Although the possibility that plaque myofibroblasts derive from adventitial fibroblasts cannot be excluded,6,82 these results support the assumption that SMCs from the media ac-



**Figure 3.** Cytoskeletal protein expression in a coronary artery atheromatous plaque classified as erosion. Coronary arteries were immunostained for  $\alpha$ -SMA (**A**), smooth muscle myosin heavy chains (**B**), and smoothelin (**C**). **Insets** highlight regions of intimal thickening at higher magnification. Intimal SMCs express high amounts of  $\alpha$ -SMA, very low amounts of smooth muscle myosin heavy chains, and no smoothelin, indicating their modulation toward the myofibroblastic phenotype. Note that the media express the three proteins similarly in all cases. Bars: 250  $\mu$ m (**insets**).

quire the phenotypic features of myofibroblasts during the migratory and replicative process occurring in plaque formation. Recent work supports the local origin of plaque SMCs in a mouse model of spontaneously arising atheromatous lesions.<sup>86</sup>

SMC-to-myofibroblast transition becomes relevant in view of recent work indicating that during fibrotic situations, myofibroblasts develop the capacity of producing a long-lasting tension essentially regulated at the level of Rho/Rho kinase-mediated inhibition of myosin light chain phosphatase, compared with the usual contraction-relaxation activity depending on Ca<sup>2+</sup>-induced phosphorylation of myosin light chain kinase taking place in SMCs.<sup>87</sup> Myofibroblast-generated tension is instrumental for tissue remodeling and deformation during fibrocontractive diseases and could play a role in deformation and fissuration of the plaque, thus contributing to the onset of complications. Interestingly, human and pig intimal myofibroblasts, in contrast to media SMCs, express S100A4,<sup>88</sup> a protein of the S100 family that has been shown to be implicated in cancer cell migration.<sup>89</sup> Moreover, S100A4 seems to be implicated in cultured SMCderived myofibroblast replication and motility.88 These results suggest that S100A4 represents a hitherto unavailable marker of SMC-to-myofibroblast phenotypic transition and an in vivo marker of activated intimal SMCs. The question remains whether S100A4-positive plaque myofibroblasts derive from a distinct SMC phenotype, which is consistent with the concept of SMC phenotypic heterogeneity that has been validated in several species, including human.90

#### Conclusion and Perspectives

The presence of myofibroblasts is well established in few normal tissues, such as alveolar septa, intestinal pericryptal cells, and bone marrow stroma, but its function here is little explored.<sup>8</sup> Even less is known about the role of myofibroblasts during embryological development, despite their characterization in several developing organs.<sup>8</sup> In contrast, in situations when connective tissue or

parenchymal repair are needed, the above-presented data (together with those reported in the literature concerning the healing of organs or tissues not covered in this review<sup>1</sup>) point to the myofibroblast as the primordial emergency cell contributing to tissue remodeling. Myofibroblasts accomplish this task through synthesis and organization of ECM as well as through force production. Over the years, it has become evident that myofibroblasts arise from a variety of sources, according to the involved organ and the physiological or pathological situation.<sup>8</sup> Most commonly, they differentiate locally from fibroblastic cells that may show distinct biological features, thus supporting the concept of fibroblastic phenotypic heterogeneity; they are also produced through transdifferentiation of other mesenchymal or epithelial cells. Finally, the notion that they can derive from blood-borne cells is now established. This large spectrum of precursors (Figure 2) further underlines the crucial function of the myofibroblast in maintaining tissue homeostasis and may furnish, at least in part, an explanation to the well-known heterogeneity of the myofibroblastic phenotype that has been described in different lesions.91

Although it seems that TGF<sup>β1</sup> together with mechanical stress is playing an important role in fibrosis development and evolution, much less is known about factors inhibiting myofibroblast activities and thus controlling fibrosis. Interferon- $\gamma$  has been shown to exert such an action, possibly through its anti-TGFB1 effect.<sup>61</sup> The  $\alpha$ -SMA N-terminal peptide AcEEED reduces force generation by the myofibroblast and exerts an antifibrotic activity probably through its capacity to displace  $\alpha$ -SMA from stress fibers.<sup>13</sup> Moreover, reducing intracellular tension by interfering with cell-ECM adhesions and/or with ECM compliance prevents development of the myofibroblast.<sup>10</sup> Utilization of these tools and finding of new tools capable of controlling myofibroblast function will be very useful for the study of the mechanisms regulating tissue remodeling and for the control of several invalidating diseases characterized by fibrosis development.

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